



# January 2018 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="margin: 0;">EEC Lunch</h2> <p style="text-align: center; margin: 0;"><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
1-1 <b>New Years Day!</b>	1-2 Cheesy Mac - <b>V</b> Sidewinder Fries Fruit - <b>S</b> Got Milk	1-3 3-Cheese Calzone - <b>V</b> Fresh Garden Salad Fruit Got Milk	1-4 Salisbury Steak & Mashed Potatoes Southern Buttermilk Biscuit - <b>S</b> Frozen Juice Cup Got Milk	1-5 Café LA Burger Roasted Potato Wedges Fruit - <b>S</b> Got Milk
1-8 3-Cheese Calzone - <b>V</b> Sidewinder Fries Fruit - <b>S</b> Got Milk	1-9 Mesquite BBQ Pork Sandwich Mini Potato Tots Fruit Cup Got Milk	1-10 Crunchy Fish Sticks Artisan Roll - <b>S</b> Campfire Baked Beans Fruit Got Milk	1-11 Café LA Burger Roasted Potato Wedges Frozen Juice Cup Got Milk	1-12 Chicken Tenders Southern Buttermilk Biscuit - <b>S</b> Fresh Garden Salad Fruit - <b>S</b> Got Milk
1-15 <b>Dr. Martin L. King, Jr's Birthday Holiday!</b>	1-16 Garlicky Cheese Bread - <b>V</b> Marinara Sauce Cup Fruit - <b>S</b> Got Milk	1-17 Taco Bean Dip Artisan Roll - <b>S</b> Veggie Medley Fruit Got Milk	1-18 Tasty Turkey & Gravy with Mashed Potatoes Southern Buttermilk Biscuit - <b>S</b> Frozen Juice Cup Got Milk	1-19 Manager's Choice Roasted Potato Wedges Fruit Cup Got Milk
1-22 Vegan Chili - <b>V</b> Artisan Roll - <b>S</b> Sidewinder Fries Fruit - <b>S</b> Got Milk	1-23 Mama's Meatball Sub Fiesta Pinto Beans Fruit - <b>S</b> Got Milk	1-24 Chicken Tenders Southern Buttermilk Biscuit - <b>S</b> Fresh Garden Salad Fruit Cup Got Milk	1-25 Teriyaki Beef Dipper Rice Bowl Broccoli Buds Frozen Juice Slush Got Milk	1-26 Café LA Burger Roasted Potato Wedges Fruit - <b>S</b> Got Milk
1-29 Cheesy Mac - <b>V</b> Sidewinder Fries Fruit - <b>S</b> Got Milk	1-30 Smokin' BBQ Rib Sandwich Campfire Baked Beans Fruit - <b>S</b> Got Milk	1-31 Bean & Cheese Pupusa Fresh Garden Salad Fruit Cup Got Milk		

All of the Grain/Bread items served are whole grain.  
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free  
**S:** Items with an (S) can be saved for later  
**V:** Vegetarian items  
 \*\*Farm Fresh Fruits: Apple, Orange, Banana